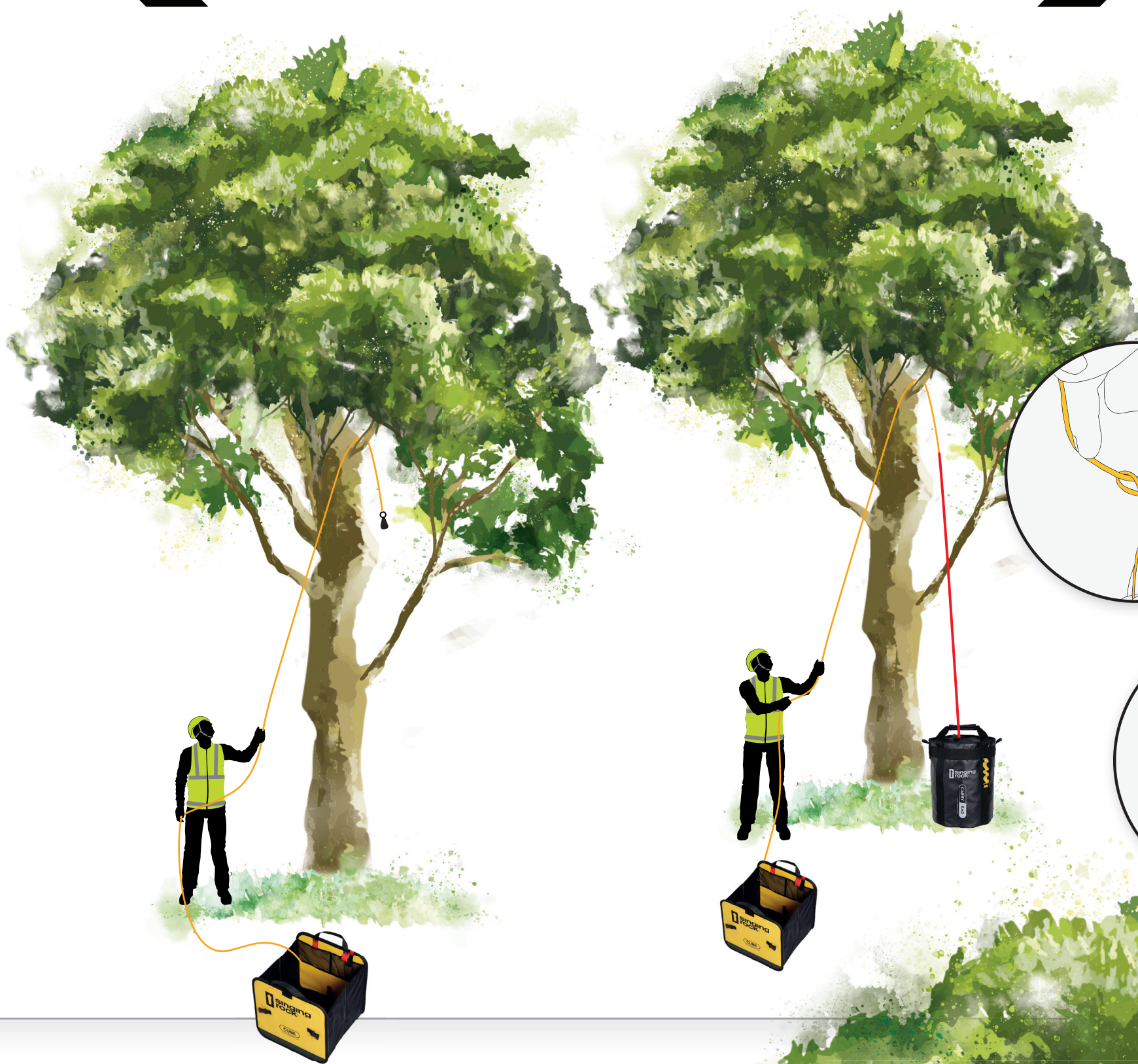


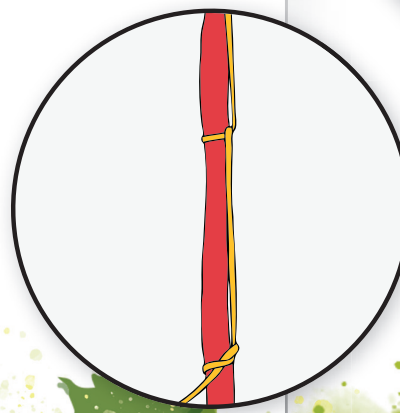
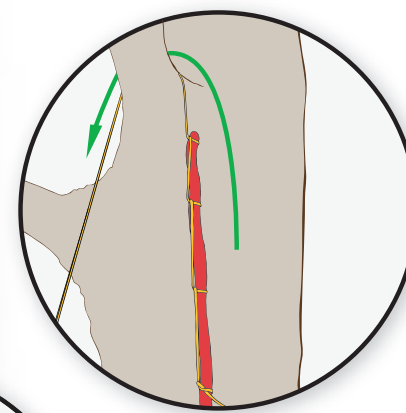
Basic safety rules for work at height are based on many years of experience of the POLYGON Singing Rock members and EU and Czech Republic laws and directives.

www.polygon-singingrock.com

TREE CLIMBING

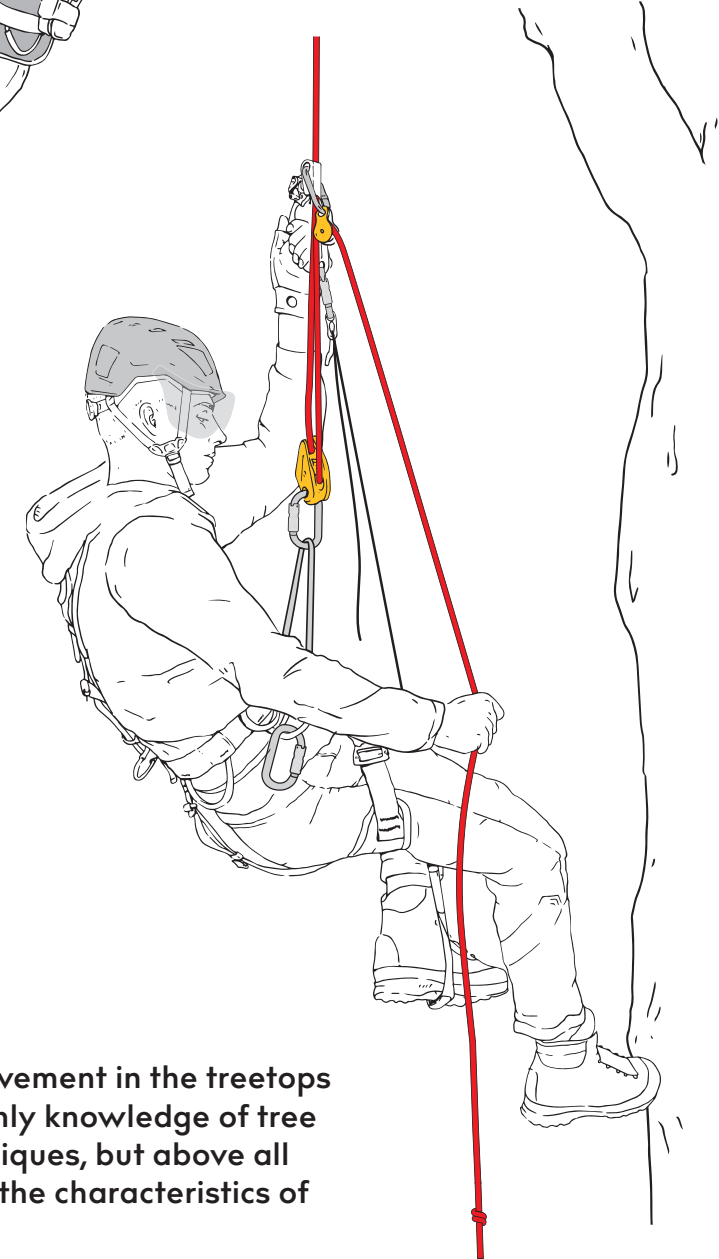


One of the most effective options for ascending to the treetop is to install ascending ropes from the ground. This involves swinging the desired branch over a throw bag that carries a lightweight throw line behind it. This throw line is then used to pull the ascent system.



The most frequent users of the tree tops are arborists - tree climbers who use special tree-climbing techniques for efficient and safe movement. Through these techniques, arborists extend the life of trees and ensure operational safety under trees.

Many techniques are used today to climb to the treetop. Most often, combinations of several ascenders are used.



The actual movement in the treetops requires not only knowledge of tree climbing techniques, but above all knowledge of the characteristics of the tree.

When anchoring the ascending rope at the base of the tree trunk, evacuation is always considered. It is most effective to have an adjustable anchor rope to which the ascender is clipped with the ascent rope.



A minimum of two tree climbers must be present for rescue and first aid at all times when moving in the treetops.

They need to have their own climbing equipment PPE, evacuation kit and first aid kit.



To move safely in the treetops, a combination of short and long positioning techniques are most commonly used.

